

# Packing for Camp



## What to Wear:

Enjoying everything camp has to offer begins with packing the proper attire. Our program contains a variety of experiences, and we want you to be ready for them all! We will often be sitting on the floor, walking long distances, and participating in athletic activities. This packing guide should provide the details you need to prepare for an incredible time at camp!

### Bottoms

- Camp is meant for running, jumping, climbing, etc, so be sure your shorts or pants fit those activities
- Be mindful of the length and fit
- Spandex/biker shorts are not permissible
- Sagging pants, exposed underwear, and see-through pants are not permissible

### Shirts

- Shirts should meet your waistline and cover your chest. Your midriff should be covered while your arms are raised, allowing you to participate in athletic activities.
- Active wear shirts and tank tops with thicker straps are great for afternoon program
- Low-cut arm holes and spaghetti strap tanks are not permissible

### Lake & Swim Attire

- **Note: We do not have a pool at Cross Point; we use the lake for all water activities. Plan accordingly if water shoes need/want to be packed**
- Guys: swim trunks that fit well at the waist (be mindful of length and fit)
  - Speedos are not permissible
- Girls: one-piece swimsuits, tankinis, modest two-piece swimsuits, are allowed
  - Bikinis and revealing cutouts are not permissible
  - No string ties

### Jewelry

Because we are very active during camp, stud earrings may be more practical than dangling earrings. Ear piercings are permissible, but we ask that facial and other body piercings be removed at camp to avoid potential injuries.

### Footwear

Because of our outdoor setting with uneven terrain, tree roots, etc, backless shoes (flip-flops, etc.) and open-toed shoes **ARE NOT PERMITTED** at camp - except for shower shoes! Athletic shoes must be worn while playing sports during Afternoon Program. Heels are not safe on camp terrain and should not be packed or worn at camp. Water shoes are suggested for the lake!

## **Dress for Church Services**

- Dress for daily church services is casual with Christian modesty as the guide.
- For Divine Liturgy, celebrated once each session, boys are expected to wear a dress shirt and slacks; girls should wear a dress or skirt and blouse, with skirt length near the knee or lower.
- Everyone must cover their shoulders in church.

## **Helpful Reminders**

- We do not recommend bringing expensive or name-brand clothing or other expensive items to camp.
- Each article of clothing and all gear should be clearly labeled for identification. Please write your camper's name or initials on all belongings.
- Cabin storage space is limited, so each camper should bring no more than two pieces of luggage: one suitcase/duffle bag, and one carry-on size, small bag, or backpack.
- All items left behind will be given to local charities.

## **Packing Checklist**

- Change of clothes for at least 7 days (we sweat a lot)
  - Shorts
  - Shirts
  - Sweatshirt/sweater for the cabin or in case we get a cooler morning or evening
  - Socks
  - Underwear
  - Swimsuit/lake attire
- Nice outfit for Divine Liturgy
- Sturdy athletic shoes—close-toed only
- Sleeping bags/sheets, blanket, and pillow
- Towels/washcloths
- Lightweight poncho or other rain gear
- Sunscreen, beach towel, goggles
- Toiletries: comb/brush, toothbrush, toothpaste, soap, shampoo, deodorant, chapstick, feminine products, lotion, non-aerosol insect repellent
- Necessary medication
- Laundry bag
- Flashlight, sunglasses, and a hat
- Evening Program Themes will be announced in early June!

## **LEAVE AT HOME**

- Food
- All electronics (any electronics brought will be kept with the Camp Director on check-in day and will be returned the night before for packing purposes)
- Jewelry and other valuables, including sports equipment
- All alcohol and tobacco products
- Apparel with inappropriate words and slogans
- Dangerous implements (knives, axes, guns, fireworks, etc...)
- Any illegal substances (campers found with any will be sent home immediately)
- Pets
- Aerosol products (hairspray, spray deodorant, insect repellent, etc...)
- Money - everything available at camp is included in your camper fee. If money is needed for bus rides to and from camp, plan accordingly with a chaperone or youth director